I have felt its approach in the back of my mind, O Lord, like a burden tilting toward me across the calendar. I have felt its long approach, and now it has arrived.

This is the day that marks the anniversary of my loss, and waking to it, I must drink again from the stream of a sorrow that cannot be fully remedied in this life.

O Christ, redeem this day.

I do not ask that these lingerings of grief be erased, but that the fingers of your grace would work this memory as a baker kneads a dough, till the leaven of rising hope transforms it from within,

into a form holding now in that same sorrow the surety of your presence, so that when I look again at that loss, I see you in the deepest gloom of it, weeping with me, even as I hear you whispering that this is not the end, but only the still grey of the dawn before the world begins.

And if that is so, then let that which broke me upon this day in a past year, now be seen as the beginning of my remaking into a Christ-follower more sympathetic,

Anniversary of a Loss

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THE LORD IS NEAR
TO THE BROKENHEARTED
AND SAVES THE CRUSHED
IN SPIRIT.

PSALM 34:18

more compassionate, and more conscious of my frailty and of my daily dependence upon you; as one more invested in the hope of the resurrection of the body and the return of the King, than ever I had been before.

Let this loss-hollowed day arrive in years to come as the kindling of a fire in my bones, spurring me to seek in this short life that which is eternal. Let the past wound, and the memory of it, push me to be present with you in ways that I was not before.

Do not waste my greatest sorrows, O God, but use them to teach me to live in your presence—fully alive to pain and joy and sorrow and hope—in the places where my shattering and your shaping meet.

Amen.

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